

Photoshop portrait lesson and exercises

1. General portrait retouching

With your mugshot (or any other frontal portrait image) open in Photoshop, go » [Filter](#) » [Liquify](#) and experiment with the Face-Aware Liquefy area. If you do make adjustments, make only small ones.

Do some revision and maybe practice on your own portrait:

Go through [Photoshop Lesson 3, section 4 Body and portrait retouching, Whiten teeth, brighten eyes, smoothen skin, soften bags under the eyes, etc.](#)

Then go to the next section [Photoshop Lesson 3, section 5 Selecting with Select and Mask.](#)

Remove/replace the green from your green-screen portrait (if you have one).

2. Improving a portrait of an older person

Find a portrait picture of a middle-aged or older person, from either the internet or an image you already have, perhaps of somebody you know like a parent or grandparent.

And, for example...

1. drop the shoulders with Liquefy (but only if appropriate) – people often lift their shoulders out of nervousness when being photographed
2. reduce face shine if needed
3. remove blemishes and
4. diminish – but do not remove – wrinkles
5. sharpen the eyes, eyelashes and eyebrows, and maybe the lips
6. de-yellow or lighten the teeth; whiten the white of the eyes and maybe slightly saturate the iris
7. remove bags under the eyes
8. soften skin – see the new Photoshop 2021 » [Filter](#) » [Neural filter](#) » [Skin smoothing](#)
9. maybe apply Face-Aware Liquefy very slightly.

Remember that these changes should be so subtle that it is hardly obvious that you have made any changes at all. You are not attempting to make somebody look like Frankenstein!

I invite you to show me the before-and-after result.

3. New in Photoshop 2023

This might in part be revision...

Now it is easy to select portions of the body and face with enhanced Camera Raw Filter.
Go through this video, after 3' 35": youtu.be/fU59i1w04c.

Experiment with your photo.